

Task Karate Lil' Dragons

Thanks for your interest in the Lil' Dragons Team! It is designed to help Pre-School or Kindergarten age children become more aware of Martial Arts attributes like:

- Respect for themselves and others.
- Having control. (Self Discipline)
- Trying your best - not giving up!
- Trying new things.
- Paying attention. (Focus and Concentration)

They will also benefit from:

- Improved balance, speed and reaction!
- Fun and fitness!
- Self protection techniques and safety awareness.

FREE TWO WEEK TRIAL! \$75. PER MONTH! (PLUS MEMBERSHIP FEE)