

Task Karate November 2018 Newsletter

1100 Kane St. La Crosse, WI 54603

Phone 608-781-8275 E-mail taskkarate@gmail.com

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Mr. Gary Benson

It was about a year ago that my friend and Eskrima instructor died from lung cancer. I miss him a lot. We had an event to celebrate his life on November 3rd. It was a wonderful celebration, lots of fun and smiles, and a few tears. Thanks to all that could come.



Food Drive/Gold Star Event

We will be collecting food for the Salvation Army food pantry. The drive has started and will end Saturday, November 17th. Please help if you can! You can bring a can of food or a whole bag! One gold star per person!



Kobutan Seminar

Which of these items would be good for self-defense?

1. All of them!
2. None of them!
3. Everything except the Dr. Pepper and the coffee mug, which might be too big to get a good grip on, the banana, the toothpaste, the crackers and summer sausage.
4. I don't need to worry about self-defense, nothing is going to ever happen to me.



Kubotan Seminar!

This will be a short (45 minute) session on how to use the Kubotan Key Chain in a self-defense situation. You will learn how to use this key chain or other environmental items for easy, effective defense. Friday, November 9th, from 5:30 until 6:15. The cost is \$10 and includes a kubotan keychain!

Thanksgiving

We will be closed for Thanksgiving! I hope you get a chance to relax and enjoy your family that day. I am thankful for all the students and families that are a part of Task Karate!



Nunchaku Seminar for Beginners!

I am planning on a seminar for some of our younger kids (6 and older) to get a chance to try to nunchuks! The cost is \$15 and includes some rubber chucks! BONUS! Their parents get to attend the class as well! You can purchase some chucks, or borrow a pair for the day! This class will be geared toward those with no or minimal experience. Friday, November 23rd, from 5:30 until 6:15!

Group Photo and Workout!

Every year we take a group photo of all the students at Task Karate and make a nice calendar with it! We are going to take the photo this year on Thursday, December 6th. Your classes won't be at the normal time this day. All kids please come at 6 pm, and all teen and adult students 7 pm. We will take the group photo and also do some training. It's a chance for the students of different belts to train together!

5th Friday of the Month Means Fun and Fitness!

Friday, November 30th, we will have our fun and fitness class. It's for any student that wants to come in and have some fun, as well as get some exercise! Tug of war, dodgeball, steal the bacon are all on the list!

Concert?! ?! ?! ?! ?!

I am planning on playing guitar and having a get together on Saturday, December 1st, if I don't chicken out. Watch for time and details at the school and on Facebook.

Next Seminar! Snow Brush and Shovel Defense!

Winter is coming! We will examine how to use the snow brush and the snow shovel for self-defense. For real! The seminar will be held on Friday, December 14th from 5:30 until 6:15 and the cost is only \$5. Bring your own equipment, since you live in Wisconsin, I know you have some!



November Birthdays!

2nd Alex Cassem 13th Dakota Gruen, Kevin Kind,
17th Stacy Osley, 20th Mason Thomson,
26th Brenner Bertelsen



October Rank Promotions

Gold Belt

Shawn McConaghy

Kaiden Brush

Orange Belt

Taylor Amann

Symantha White

Green Belt

Christian McConaghy

Grace McConaghy

Patience McConaghy

Amanda McConaghy