

Task Karate October 2015 Newsletter

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5th Degree Promotion Update!

My 5th Degree test is shaping up nicely! It will be something very special! I have over 60 students signed up to be a part of it. We are having the test at the school and it will definitely be a full house. I'm not invited a lot of people from the public, just my family, and karate family. Any former student that is on break and interested in being a part of the test, PLEASE let me know as soon as possible! I will have an outline of the test and activity signup sheets at the school so that we can finalize the test. Our next practice will be Friday, October 16th at 5:45 pm! We will also be talking about, and practicing the test in class.



Heather, Diamond Nationals Champion last year!



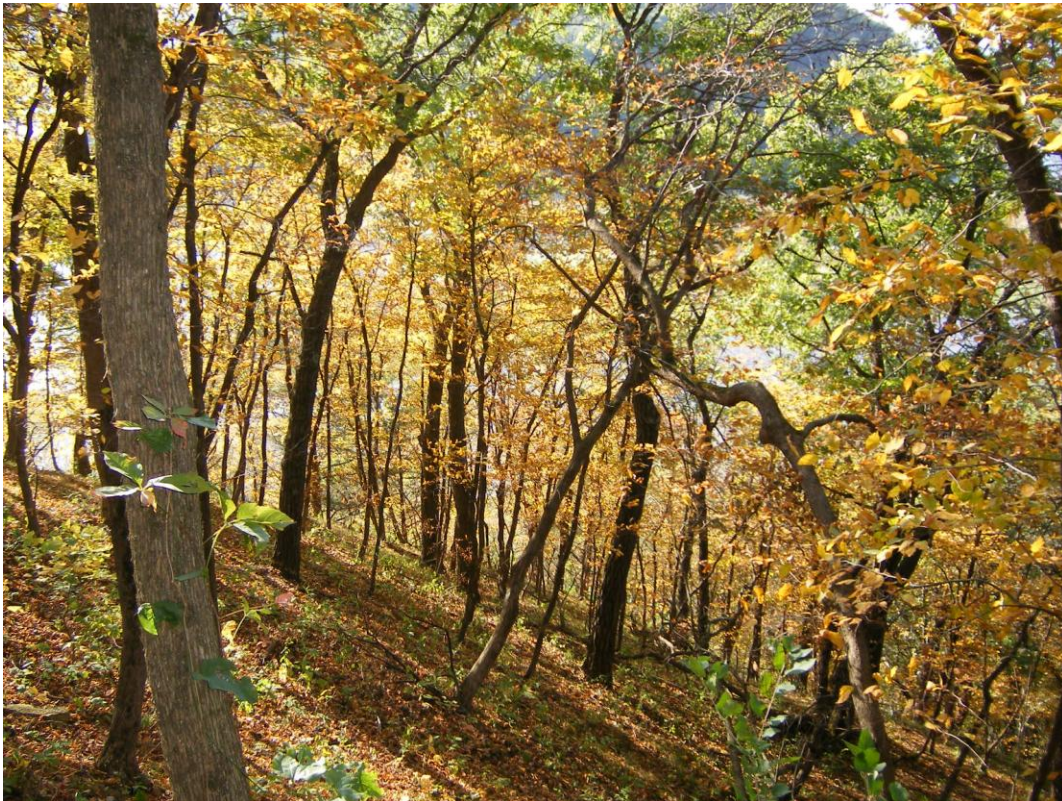
Competitors from 2014!

Diamond Nationals October 9-10th in Bloomington, MN

The Diamond Nationals World Karate Championships will be held Friday October 9th and Saturday October 10th. Diamond Nationals are held at the Doubletree by Hilton located at 7800 Normandale Blvd. in Bloomington, MN. Registration for this tournament is now available online at www.diamondnationals.com. Task Karate is always well represented at this event. If you plan to attend, please connect with me. Task Karate is closed on Friday October 9th and Saturday October 10th so students and instructors can participate in the tournament.

Brady's Bluff Hike

Our annual Task Karate Brady's Bluff Hike will take place on Saturday October 24th. We will meet at Task Karate at 1:00 PM and caravan to Perrot State Park. If you plan to meet at the park, please arrive by 1:30 PM, at the boat landing across from Trempealeau Mountain (one of the trail heads for the Brady's Bluff trail). Finally, you need a WI State Park Pass to enter Perrot State Park with a vehicle. Day passes are available. This is a GOLD star event.



Halloween Party

Thursday, October 29th, from 5:30 until 7! Costumes, games and candy! You can bring some candy share if you'd like, but it's not necessary! All family and siblings are included! No classes this day. (Except 9:30 am)

Brick Breaking Seminar! Adults Only

November 1st 1 PM! With Mr. Thomson and Mr. Daily, 3rd Degree Black Belt and professional photographer! We will teach you how to safely do the break, practice, and attempt to get a photo for you! 2 brick break, \$20, second break (three bricks) \$25. Sign up with Mr. T asap, limit 10 students.



Task Karate is also IS3 La Crosse



Participants in the Madison Summer Camp with Suro Hart Birthdays

| |
|--------------------------|
| 2 - Jameson Jones |
| 3 - Kim Cassum |
| 3 - Isabella Braithwaite |
| 4 - Emily Ross |
| 5 - Diva Antony |
| 5th- Vicky Chen |
| 8 - Matt Nagy |
| 9 - Caleb Mattison |
| 14 - Morgan Kakuska |
| 16 - Brandon Haring |
| 19 - Aydan Dearman |
| 19 - Elena Kind |
| 19 - Erik O'Brien |
| 22- John Arvidson |
| 23 - Erik Daily |
| 26th - Mark Arvidson |
| 27 - Emma Jakobi |
| 31 - Trevin Thomson |



Rank Promotion

Gold Belt

Erik Arvidson

Patrick Arvidson

Mark Arvidson

Gus Arvidson

John Arvidson

Green Belt

Alex Weinberger

Leah Kehr