

# Task Karate January 2020 Newsletter

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## Nunchaku Seminar!

Want to learn how to do nunchucks like this kid? I can get you started! We are having a seminar for our students, and their parents if they'd like to try. The seminar will be held on Saturday, January 25<sup>th</sup>, from 2 to 3:30 pm. The fee is \$10. Nunchaku will be available for purchase as well!

Check this guy out! <https://www.youtube.com/watch?v=pzXL-KM2UqU&t=14s>

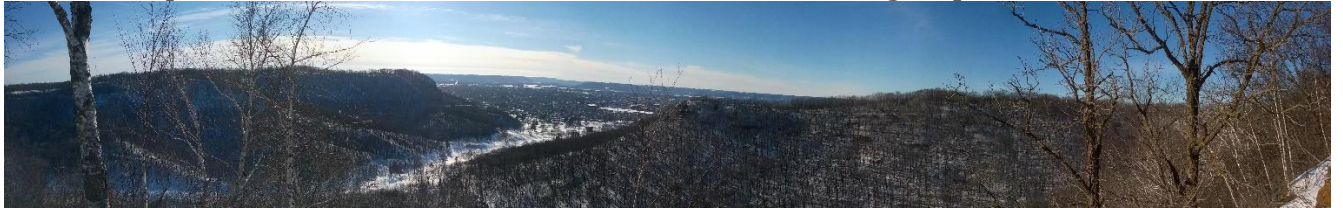
## New Schedule

Here is a link to the new schedule! Please ask if you have any questions! The schedule will take effect Monday, January 27<sup>th</sup>!

[https://drive.google.com/open?id=1KKyEfAaSelAUlgxRGIo8pKFZvl9rWw\\_b](https://drive.google.com/open?id=1KKyEfAaSelAUlgxRGIo8pKFZvl9rWw_b)

## Fun and Fitness, Pizza Party & Kata Challenge Awards

No mat class Friday, January 31<sup>st</sup>! It's the 5<sup>th</sup> Friday so that means fun and fitness! We will also have awards for the kata challenge, so keep working hard and be sure to bring in your worksheet! We will have fun and fitness from 5 to 5:45 then pizza and awards from 5:45 to 6:15! Please sign up at Task!



## Gold Star Event! Snow Hike!

We plan to meet at the Hixon Forest lower trailhead on Saturday, February 8<sup>th</sup> at 12:30 pm. The short hike goes to the "cave" and takes about 40 minutes or so, and the long hike goes up to the top, that takes about 2 hours! The long hike counts towards your fitness challenge stripe if you are a brown belt! Please dress warm. As we live in Wisconsin, I have no idea what the weather conditions will be that day!



*The Cave!*

## Sensei Demura's International Tournament & Ms. Yehle's Black Belt Test (Task Closed)

Task Karate will be closed from Thursday, February 20<sup>th</sup> to Monday the 24<sup>th</sup> for Sensei Demura's tournament and seminars in California! Ms. Yehle who has recently tested for 2<sup>nd</sup> degree at Task will be testing for her black belt under Fumio Demura! We will re-open for classes Tuesday, February 25<sup>th</sup>. Thank you for your support and understanding!



*Ms. Yehle, Minnesota karate-do students and Sensei Demura!*

## YMCA Martial Arts Tournament

The Y tournament will be Sunday, March 8<sup>th</sup>, starting at 12:30 pm. We will work on preparing students that are interested in competing in the upcoming weeks! Here is a flyer for the event.

<https://drive.google.com/file/d/1K-siPvexNvzImYwhA21mHgIzXMANWaA/view?usp=sharing>

## 8 Month Goal, Something to Work Towards!

The registration for the Maple Leaf Road Races is open! Running has always been a good thing for me. Should I run the 5 mile or the half marathon?

<https://runsignup.com/Race/WI/LaCrosse/MapleLeafRunandWalk>



## January Birthdays!

5<sup>th</sup> Taylor Rakes

Katie Sullivan

6<sup>th</sup> Janelle Parcher

6<sup>th</sup> Tayven Kader

16<sup>th</sup> Randy Thomson

18<sup>th</sup> Connie Mumau

19<sup>th</sup> Ashton Newman

22<sup>nd</sup> Cyra Wilkins

25<sup>th</sup> Jamie Peaslee

26<sup>th</sup> Elli Johnson



*Baby T.*



## December Rank Promotions

### **Dragon Gold Belt**

Jaxon Gouger

### **Dragon Purple Belt**

Frank Bouska

Roy Bouska

### **Green Belt**

Charlie Ott-Beck

### **Purple Belt**

Elijah Sievert

Caleb Sievert

Tayven Kader

### **Black Stripe Brown Belt**

Chase Bollom

### **Second Degree Black Belt**

Ann Yehle

Josh Osley

Abe Osley

### **Third Degree Black Belt**

Taylor Rakes

Kyra Osley

