

Task Karate July 2020 Newsletter

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Have a Fun and Safe Fourth of July!

Task Karate will be closed Saturday, July 4th. I am thankful for the support of all our students, my family and my health, and the opportunities that I have in my life. Although the future is uncertain, and life is a bit of a challenge right now, I'm working on following Task Karate rule #3, do your best! Please let us know if you are having any problems or concerns, or if there is anything we can do to help you.



Miss Yehle and Josephina enjoying a sparkler!

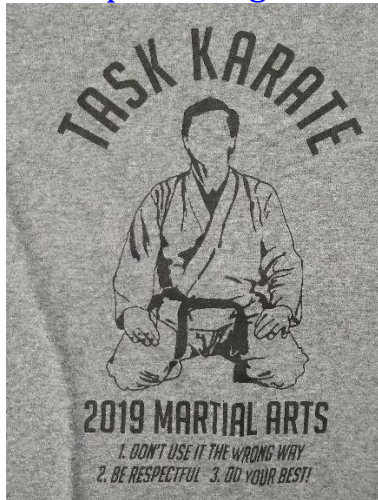
Motivational Quote!

Tough roads often lead to beautiful destinations!

T-Shirt Clearance Sale and 3 New Shirts Available!

We have made Tuesday and Thursday “Spirit Days” over the summer. You can wear your Task Karate shirts to class on those days! We will be reducing inventory on some of our previous designs, and will soon unveil our new designs! Here is a link to what is available!

https://drive.google.com/file/d/1A0S7B6esQj_KIWKNqFDDVgVf9m_UrqZt/vi?usp=sharing



Last chance for some styles! Great price!

Self-Defense Seminar

We will be holding a self-defense seminar on Sunday, July 19th, from 2 to 4 pm at Task Karate. We will be asking the participants to come in pairs that are in the same family. We will also limit the class to 7 pairs. The fee is \$50 per pair. Please contact us to reserve your spot, or with any questions.



Learn about these pre-attack indicators and much more to stay safe.



July Birthdays!

1st Gordon Helgeson

6th Annie Stasiak

11th Eli Kemp

13th Anne Markos

15th Taylor Clayton

21st Davis Harrison

23rd Mitchell Nyseth

28th Kyra Osley

Happy 4th of July!

<https://www.youtube.com/watch?v=gs0fxy8rHo8>

Good Advice for Me!

Capricorn (Dec. 22-Jan. 19) – Today is a 9 – Persistent action fulfills personal goals. Long-term objectives get realized through small, steady steps. Fortune follows heartfelt action. Get moving for what you love.

Aquarius (Jan. 20-Feb. 18) – Today is a 7 – Con-